

Physical Education

Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
FOUNDATION STAGE	Children at the expected level of development will: -understand the importance of exercise to develop healthy bodies and emotional well-being; - negotiate space and obstacles safely, with consideration for themselves and others; - demonstrate strength, balance and coordination when playing; - move energetically, such as running, jumping, dancing, hopping, skipping and climbing.						
Area of PE	<input checked="" type="checkbox"/> Games <input checked="" type="checkbox"/> Gymnastics & Dance <input checked="" type="checkbox"/> Outdoor & Adventurous OAA <input checked="" type="checkbox"/> Athletic Activities	<input checked="" type="checkbox"/> Games <input checked="" type="checkbox"/> Gymnastics & Dance <input checked="" type="checkbox"/> Outdoor & Adventurous OAA <input checked="" type="checkbox"/> Athletic Activities	<input checked="" type="checkbox"/> Games <input checked="" type="checkbox"/> Gymnastics & Dance <input checked="" type="checkbox"/> Outdoor & Adventurous OAA <input checked="" type="checkbox"/> Athletic Activities	<input checked="" type="checkbox"/> Games <input checked="" type="checkbox"/> Gymnastics & Dance <input checked="" type="checkbox"/> Outdoor & Adventurous OAA <input checked="" type="checkbox"/> Athletic Activities	<input checked="" type="checkbox"/> Games <input checked="" type="checkbox"/> Gymnastics & Dance <input checked="" type="checkbox"/> Outdoor & Adventurous OAA <input checked="" type="checkbox"/> Athletic Activities	<input checked="" type="checkbox"/> Games <input checked="" type="checkbox"/> Gymnastics & Dance <input checked="" type="checkbox"/> Outdoor & Adventurous OAA <input checked="" type="checkbox"/> Athletic Activities	<input checked="" type="checkbox"/> Games <input checked="" type="checkbox"/> Gymnastics & Dance <input checked="" type="checkbox"/> Outdoor & Adventurous OAA <input checked="" type="checkbox"/> Athletic Activities
KS1 Cycle 1 & 2	<input type="checkbox"/> Football and Cross Country <input type="checkbox"/> Dance	<input type="checkbox"/> High 5's / Basketball <input type="checkbox"/> Circuits	<input type="checkbox"/> Tag Rugby <input type="checkbox"/> Gymnastics & Dance	<input type="checkbox"/> Uni-hoc <input type="checkbox"/> Danish Long Ball	<input type="checkbox"/> Orienteering <input type="checkbox"/> Sports Day Events/Athletics	<input type="checkbox"/> Kwik cricket <input type="checkbox"/> Rounders	
	<input type="checkbox"/> Football and Cross Country <input type="checkbox"/> Dance	<input type="checkbox"/> High 5's / Basketball <input type="checkbox"/> Circuits	<input type="checkbox"/> Tag Rugby <input type="checkbox"/> Gymnastics & Dance	<input type="checkbox"/> Uni-hoc <input type="checkbox"/> Danish Long Ball	<input type="checkbox"/> Orienteering <input type="checkbox"/> Sports Day Events/Athletics	<input type="checkbox"/> Kwik cricket <input type="checkbox"/> Rounders	
UKS2 Cycle 1 & 2	<input type="checkbox"/> Football and Cross Country <input type="checkbox"/> Dance	<input type="checkbox"/> Netball/ Basketball <input type="checkbox"/> Circuits	<input type="checkbox"/> Tag Rugby <input type="checkbox"/> Gymnastics/Dance & Trampolineing	<input type="checkbox"/> Hockey & Lacrosse <input type="checkbox"/> Danish Long Ball	<input type="checkbox"/> Orienteering <input type="checkbox"/> Sports Day Events/Athletics	<input type="checkbox"/> Cricket <input type="checkbox"/> Rounders	
	<input type="checkbox"/> Football <input type="checkbox"/> Dance	<input type="checkbox"/> Cross country & Basketball/Netball <input type="checkbox"/> Circuits	<input type="checkbox"/> Multi Skills & Dodgeball <input type="checkbox"/> Gymnastics/Dance & Trampolineing	<input type="checkbox"/> Danish Long Ball & Dance Showcase <input type="checkbox"/> Danish Long Ball	<input type="checkbox"/> Multiskills, Uni/hoc & Orienteering <input type="checkbox"/> Sports Day Events/Athletics	<input type="checkbox"/> Athletics, Cricket & OAA <input type="checkbox"/> Rounders	
Competition 5	<input type="checkbox"/> Football	<input type="checkbox"/> Cross country & Basketball/Netball	<input type="checkbox"/> Multi Skills & Dodgeball	<input type="checkbox"/> Danish Long Ball & Dance Showcase	<input type="checkbox"/> Multiskills, Uni/hoc & Orienteering	<input type="checkbox"/> Athletics, Cricket & OAA	

